

## What else we do

We're also able to provide information on organisations offering the following services:

- Budgeting and financial management skills
- Advice on who to contact for other support and assistance
- Information on family-based activities and courses

Please let us know if you or someone you know would like more details.

Call: **01746 768129**

Email: **bridgnorthfoodbank@gmail.com**



## Bridgnorth Food Bank

### Opening Hours

**Mondays**

**10:30 - 12:30**



**Providing  
emergency food  
assistance for  
people in need**



## Bridgnorth Food Bank

**Number Seven | West Castle Street |  
Bridgnorth | Shropshire | WV16 4AB**

**01746 768129 | bridgnorthfoodbank@gmail.com**

Sponsored and supported by the Christian Churches of Bridgnorth  
A part of Torchbearers Trust. Registered Charity No. 1000113



## Bridgnorth Food Bank

**Number Seven | West Castle Street |  
Bridgnorth | Shropshire | WV16 4AB  
01746 768129 | bridgnorthfoodbank@gmail.com**

Sponsored and supported by the Christian Churches of Bridgnorth  
A part of Torchbearers Trust. Registered Charity No. 1000113



## How we can help

Bridgnorth Food Bank provides **emergency assistance** for anyone who is in **genuine need**.



## How it works

- Food is donated, checked for "best buy" dates and stored, ready to be distributed.
- A number of local agencies (see below) are able to refer people in need of assistance to the Bridgnorth Food Bank and issue them with a food voucher.
- Clients come along to the Distribution Point at Number Seven, West Castle Street, Bridgnorth with their voucher and we discuss with them their particular circumstances and needs.
- We agree a support plan with a review date so we can check whether circumstances have changed and issue the food.

## Referral Agencies

The following organisations are able to issue **food vouchers**:

- The Multi-Agency Team at Westgate - Barnardo's | Divert (YSS) | Home Start | Shropshire Family Information Service
- Bridgnorth Job Centre Plus
- Citizens Advice - Westgate
- Health Visitors
- Housing Associations
- Shropshire Council departments
- Various Schools & Toddler Groups



## Why we help in this way

We understand many individuals and families are finding times tough for a variety of different reasons. People sometimes need a helping hand and we're here to help!

The Bridgnorth Food Bank is sponsored and supported by all the Christian Churches in the town but our service is available to everyone.

By working together with statutory agencies, community groups, businesses and health care professionals our aim is to provide practical assistance for those in need.

Please contact any of the following:

- **Bridgnorth Anglican Team** - 01746 767174  
email: [bridgnorthteamministry@yahoo.co.uk](mailto:bridgnorthteamministry@yahoo.co.uk)
- **Bridgnorth Baptist Church** - 01746 768129  
[www.bridgnorthbaptist.co.uk](http://www.bridgnorthbaptist.co.uk)
- **Cartway Methodist/URC** - 01746 764359  
[www.bridgnorthhurcmeth-cartway.org.uk](http://www.bridgnorthhurcmeth-cartway.org.uk)
- **People's Hall Evangelical Church**  
- 01746 763846 [www.peoples-hall.org.uk](http://www.peoples-hall.org.uk)
- **St. John's Roman Catholic Church**  
- 01746 762348

Bridgnorth Food Bank is part of Torchbearers Trust  
- a registered charity (number 1000113).

## How you can help

We're indebted to many people who freely provide their time and skills to the Bridgnorth Food Bank. From time to time we need additional **VOLUNTEERS** so please let us know if you can help us help others - email or call.



## Food Donations

You can also help us by donating products - just take this list to the supermarket on your next visit and add some items to your weekly shop.

Please make sure that "sell by" or "best buy" dates are of at least 6 to 9 months.

Please select from the following items:

- **TEA BAGS** (40's or 80's)
- **COFFEE** (small or large jars)
- **LONG LIFE MILK** (UHT or powered)
- **SQUASH** (1 litre bottles) or **FRUIT JUICE** (concentrate not fresh please)
- **SUGAR** (500g)
- **SOUP** (tins or packet)
- **BAKED BEANS** (415g)
- **SPAGHETTI** (500g)
- **PASTA** (500g)
- **PASTA SAUCES**
- **RICE** (ideally boil-in-the-bag)
- **INSTANT MASHED POTATO**
- Tins of **MEAT** (e.g. corned beef / hot dogs)
- **TINNED MEALS** (e.g. curry / chilli / stewed steak / Irish stew / minced beef etc.)
- Tins of **FISH**
- **TINNED TOMATOES**
- **TINNED VEGETABLES**
- Tins of **FRUIT / RICE PUDDING / SPONGE PUDDING**
- Jars of **JAM / HONEY**
- Box of **CEREALS** (or selection boxes)
- **BISCUITS / SNACK BARS**

Items can be delivered to our Distribution Point at

**Number Seven | West Castle Street |  
Bridgnorth | Shropshire | WV16 4AB**  
when the Food Bank is open on  
Monday mornings

**THANK YOU FOR YOUR GENEROSITY**

